



## **MORANDUM OF UNDERSTANDING**

***For Academic and Rehabilitation Collaboration***

**Between**

**Department of Clinical Psychology**

**Chhatrapati Shahu Ji Maharaj University (CSJMU), Kanpur**

**and**

**Mahendru Hospital, Kanpur**

**for**

**Posting for Clinical training of students of BSc./M. A. Clinical Psychology**

### **1. Background**

The evolving field of mental health and clinical psychology demands the integration of academic learning with hands-on clinical training. With rising mental health awareness, increasing psychiatric disorders, and advancements in interventions, the need for skilled clinical psychologists is greater than ever.

**About University:** Chhatrapati Shahu Ji Maharaj University (CSJM University), Kanpur, is a premier institution of higher education in Uttar Pradesh, named after the visionary social reformer Rajarshi Shahu Maharaj. Accredited with NAAC A++ and recognized as a UGC Category I university, CSJM University fosters academic excellence and holistic development in a dynamic and inclusive environment. With a commitment to innovation and research, the university offers diverse undergraduate, postgraduate, and doctoral programs across multiple disciplines. Its state-of-the-art infrastructure, experienced faculty, and industry collaborations ensure quality education and skill development. CSJM University promotes interdisciplinary learning, encouraging students to become responsible global citizens. Aligned with the ideals of its namesake, the university prioritizes social empowerment, equity, and knowledge dissemination. Through cutting-edge research, technological advancements, and student-centric policies, CSJM University continues to be a beacon of knowledge, shaping future leaders and scholars.

Chhatrapati Shahu Ji Maharaj University, Kanpur, offers B.A. (Hons.) Psychology and a PG Diploma in Guidance and Counselling, focusing on academic excellence and practical application in mental health and behavioral sciences. The university also operates the Center for Well-Being, providing free non-pharmacological psychological services to students, faculty, staff, and the community. This center promotes mental wellness through counselling, therapy, and psychological support, fostering emotional resilience and holistic development. With expert faculty and a commitment to mental health awareness, the department plays a vital role in education, research, and community service.

### **About Mahendru Hospital:**

Mahendru Hospital is the premier destination for mental health care in Kanpur. As the best Psychiatrists and has esteemed team of experts specializes in mental health treatment, providing compassionate care and innovative therapies. It offers comprehensive services tailored to individual needs, ensuring the best outcomes for our patients. As the top-rated Manochikitsa Kendra and Nasha Mukti Kendra in Kanpur, it dedicated to helping individuals overcome addiction and regain control of their lives. **Dr. Vijay Mahendru**, MBBS, M.D. (Psychiatry) is a Psychiatrist, Psychotherapist, Sexologist, Addiction Psychiatrist, more than 21 Years Experience, He is Consultant psychiatrist at Mahendru hospital (psychiatric and de addiction centre).

### **2. Purpose and Scope**

This Memorandum of Understanding (MoU) establishes a framework for collaboration between Chhatrapati Shahu Ji Maharaj University (CSJMU), Kanpur, and Mahendru Hospital, Kanpur. The partnership aims to Clinical and Behavioural training to support the holistic development of students, faculty, and professionals in the field of psychology, behavioural and rehabilitation sciences.

### **3. Objectives of the MoU**

- a. To provide clinical exposure and hands-on training for CSJMU students in psychology, clinical and behavioural training & rehabilitation sciences.
- b. To facilitate joint research and academic collaborations on Psychiatric patients and rehabilitation sciences.
- c. To offer internship and training opportunities for CSJMU students at Mahendru Hospital.
- d. To organize joint workshops, conferences, and awareness programs on Psychopathology and psychological well-being.

### **4. Responsibilities of CSJMU**

CSJMU will:

- a. Nominate students for practical training, internships, and clinical exposure at Mahendru Hospital, Kanpur.
- b. Facilitate faculty exchange and collaborative research in behavioural science, psychiatric population and rehabilitation.
- c. Organize joint awareness campaigns and training programs on child development, disabilities and mental disorders.
- d. Ensure students follow ethical guidelines and professional standards in rehabilitation services.

### **5. Responsibilities of Mahendru Hospital**

Mahendru Hospital will:

- a. Provide internship and hands-on training to CSJMU students under expert supervision.
- b. Offer access to vocational training facilities for student learning.
- c. Collaborate on joint research, curriculum development, and academic projects related to mental disorders.
- d. Assist in organizing seminars, workshops, and community engagement programs.



**6. Confidentiality and Compliance**

- a. Both institutions will ensure strict confidentiality of patient and student data.
- b. The partnership will adhere to government regulations, RCI norms, and ethical guidelines in rehabilitation and education.
- c. Any research involving children will require ethical clearance from relevant authorities.

**7. Financial and Administrative Terms**

- a. This MoU does not create any financial liabilities unless agreed upon in separate project-specific agreements.
- b. Funding for joint research, training programs, or infrastructure development will be sought through mutual proposals.
- c. Administrative responsibilities will be handled by designated coordinators from both institutions.

**8. Legal and Liability Clause**

- a. This MoU is a non-binding agreement and does not impose any legal or financial obligations.
- b. Any disputes will be resolved through mutual consultation between the institutions.
- c. Legal jurisdiction, if required, will fall under the courts of Kanpur, Uttar Pradesh.

**9. Duration and Termination**

- a. This MoU shall remain in effect for five (5) years from the date of signing.
- b. Either party may terminate this agreement with a 90-day written notice, ensuring the completion of ongoing activities.
- c. The MoU may be renewed or modified based on mutual agreement.

**10. Signatories**

This agreement is signed in good faith by authorized representatives of both institutions.

**For Chhatrapati Shahu Ji Maharaj  
University Kanpur**



**Dr. Anil Kumar Yadav  
Registrar**

**Mahendru Hospital, Kanpur**



**Dr. Vijay Mahendru  
Director**  
**DR. VIJAY MAHENDRU  
M.B.B.S., M.D. (PSYCHIATRY)  
CONSULTANT PSYCHIATRIST**

Date : 18.03.25

Date : \_\_\_\_\_

Witness-1: Sandeep

Witness-2: \_\_\_\_\_