

MEMORANDUM OF UNDERSTANDING



For Academic and Rehabilitation Collaboration

Between

Department of Clinical Psychology Chhatrapati Shahu Ji Maharaj University (CSJMU), Kanpur

and

Amrita Clinic, Kanpur

for

Posting for Clinical training of students of BSc. /M. A. Clinical Psychology

1. Background

The evolving field of mental health and clinical psychology demands the integration of academic learning with hands-on clinical training. With rising mental health awareness, increasing psychiatric disorders, and advancements in interventions, the need for skilled clinical psychologists is greater than ever.

About University: Chhatrapati Shahu Ji Maharaj University (CSJM University), Kanpur, is a premier institution of higher education in Uttar Pradesh, named after the visionary social reformer Rajarshi Shahu Maharaj. Accredited with NAAC A++ and recognized as a UGC Category I university, CSJM University fosters academic excellence and holistic development in a dynamic and inclusive environment. With a commitment to innovation and research, the university offers diverse undergraduate, postgraduate, and doctoral programs across multiple disciplines. Its state-of-theart infrastructure, experienced faculty, and industry collaborations ensure quality education and skill development. CSJM University promotes interdisciplinary learning, encouraging students to become responsible global citizens. Aligned with the ideals of its namesake, the university prioritizes social empowerment, equity, and knowledge dissemination. Through cutting-edge research, technological advancements, and student-centric policies, CSJM University continues to be a beacon of knowledge, shaping future leaders and scholars.

Chhatrapati Shahu Ji Maharaj University, Kanpur, offers B.A. (Hons.) Psychology and a PG Diploma in Guidance and Counselling, focusing on academic excellence and practical application in mental health and behavioral sciences. The university also operates the Center for Well-Being, providing free non-pharmacological psychological services to students, faculty, staff, and the community. This center promotes mental wellness through counselling, therapy, and psychological support, fostering emotional resilience and holistic development. With expert faculty and a commitment to mental health awareness, the department plays a vital role in education, research, and community service.

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About Amrita Clinic: Amrita Clinic run by Dr. Amrita Saha and Dr. Ganesh Shanker. Dr. Ganesh Shanker, MBBS, MD (BHU), FIPS is a renowned psychiatrist based in Kanpur. With over a decade of academic and clinical experience, he has served as Associate Professor at Rani Durgavati Medical College, Banda, and as a faculty member at G.S.V.M. Medical College, Kanpur.

Dr. Shanker currently holds the prestigious position of General Secretary of the Indian Psychiatric Society (Central Zone) and also serves as the Scientific Secretary of the Indian Medical Association, Kanpur Branch.

His passion lies in raising awareness about mental health and psychiatric disorders. He actively contributes through blogs, editorials in leading print media, and interviews on television and electronic platforms, making psychiatry accessible and understandable to the general public.

Dr. Shanker has held several important roles in the Indian Psychiatric Society, including participation in various task forces and specialty sections. He is widely acknowledged for his dynamic leadership and was recognized as the Best National Organising Secretary during the Annual Conference of IMA in 2023.

He has organized numerous medical conferences and delivered more than 50 lectures across various forums. As a respected academician, he has also served as an examiner and panelist for reputed institutions like IIT Kanpur and CSJM University. His scholarly contributions include presentations of numerous scientific papers, further solidifying his standing as a thought leader in psychiatry.

Dr. Amrita Saha (MBBS, MS, MBA, IIM Calcutta Alumna) is a distinguished Obstetrician and Gynaecologist based in Kanpur. She currently serves as an Associate Professor at Government Medical College, Kannauj (Contractual) and brings with her over 12 years of rich teaching experience.

Her clinical and academic expertise lies in the fields of Cosmetic Gynaecology and the management of High-Risk Pregnancies. Dr. Saha has played a pivotal role in organizing several national conferences and has been invited as a guest speaker at multiple prestigious forums across the country. She has also conducted hands-on workshops at various national-level medical conferences, contributing to skill development and knowledge sharing in her field.

An avid academic, she has published numerous research papers in reputed national and international peer-reviewed journals. Dr. Saha is also the author of the widely appreciated book "MOMMYPEDIA", which reflects her commitment to educating and empowering mothers.

2. Purpose and Scope

This Memorandum of Understanding (MoU) establishes a framework for collaboration between Chhatrapati Shahu Ji Maharaj University (CSJMU), Kanpur, and Amrita Clinic Kanpur. The partnership aims to Clinical and Behavioural training to support the holistic development of students, faculty, and professionals in the field of psychology, behavioural and rehabilitation sciences.

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3. Objectives of the MoU

- a. To provide clinical exposure and hands-on training for CSJMU students in psychology, clinical and behavioural training & rehabilitation sciences.
- b. To facilitate joint research and academic collaborations on Psychiatric patients and in the area of behavioural medicines.
- c. To offer internship and training opportunities for CSJMU students at Amrita Clinic.
- d. To organize joint workshops, conferences, and awareness programs on Psychopathology and psychological well-being.

4. Responsibilities of CSJMU

CSJMU will:

- a. Nominate students for practical training, internships, and clinical exposure at Amrita Clinic, Kanpur.
- b. Facilitate faculty exchange and collaborative research in behavioural science, psychiatric population and rehabilitation.
- c. Organize joint awareness campaigns and training programs on child development, disabilities, women health and mental disorders.
- d. Ensure students follow ethical guidelines and professional standards in rehabilitation services.

5. Responsibilities of Amrita Clinic

Amrita Clinic will:

- a. Provide internship and hands-on training to CSJMU students under expert supervision.
- b. Offer access to vocational training facilities for student learning.
- c. Collaborate on joint research, curriculum development, and academic projects related to women health and mental disorders.
- d. Assist in organizing seminars, workshops, and community engagement programs.

6. Confidentiality and Compliance

- a. Both institutions will ensure strict confidentiality of patient and student data.
- b. The partnership will adhere to government regulations, RCI norms, and ethical guidelines in rehabilitation and education.
- c. Any research involving children will require ethical clearance from relevant authorities.

7. Financial and Administrative Terms

- a. This MoU does not create any financial liabilities unless agreed upon in separate projectspecific agreements.
- b. Funding for joint research, training programs, or infrastructure development will be sought through mutual proposals.
- c. Administrative responsibilities will be handled by designated coordinators from both institutions.

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8. Legal and Liability Clause

- a. This MoU is a non-binding agreement and does not impose any legal or financial obligations.
- b. Any disputes will be resolved through mutual consultation between the institutions.
- c. Legal jurisdiction, if required, will fall under the courts of Kanpur, Uttar Pradesh.

9. Duration and Termination

- a. This MoU shall remain in effect for five (5) years from the date of signing.
- b. Either party may terminate this agreement with a 90-day written notice, ensuring the completion of ongoing activities.
- c. The MoU may be renewed or modified based on mutual agreement.

10. Signatories

This agreement is signed in good faith by authorized representatives of both institutions.

For Chhatrapati Shahu Ji Maharaj University Kanpur

> PreAni Kumar Yadav C.S.J.M. UREBISTRISITY KANPUR

Witness-1: Prof. Sandeep Kumar Singh

Date : 18.03.25

Amrita Clinic, Kanpur

MRPS MS FMAS PGDHHM, PGDMLS

Dr. Amrita Saha, Director Obstetrician

And Gynecologist Reg. No. UPMC64607

Witness-2: Dr. Ganesh Shankernesh Shanke

MBBS,MD, FIPS

Date: 18 - 03 - 25 Reg. No. 65812