



Chhatrapati Shahu Ji Maharaj University, Kanpur
Uttar Pradesh State University (Formerly Kanpur University, Kanpur 208024)
www.csjmu.ac.in

Facilities for cultural activities, yoga, games and sports (indoor & outdoor); (gymnasium, yoga centre, auditorium, etc.,)

Sl. No.	Facilities for Outdoor Activities	Year of Establishment	Measurement	Accessibility
1.	01 Cricket Field	2004	135 m (Diameter)	For the students/scholar/ hostellers of University Campus and their affiliated colleges. Faculty/ Staff (Teaching and Non-teaching) and their wards.
2.	01 Standard Swimming Pool	2004	25m x50 m	For the students/scholar/ hostellers of University Campus and their affiliated colleges. Faculty/ Staff (Teaching and Non-teaching) and their wards.
3.	01 Standard 400 mts. track (grassy)	2004	400 m	For the students/scholar/ hostellers of University Campus and their affiliated colleges. Faculty/ Staff (Teaching and Non-teaching) and their wards.
4.	03 Volleyball Courts	2004	9mx18m	For the students/scholar/ hostellers of University Campus and their affiliated colleges. Faculty/ Staff (Teaching and Non-teaching) and their wards.
5.	01 Football Grounds	2004	110m x 55 m	For the students/scholar/ hostellers of University Campus and their affiliated colleges. Faculty/ Staff (Teaching and Non-teaching) and their wards.
6.	01 Hockey Ground	2004	95m x 45m	For the students/scholar/ hostellers of University Campus and their affiliated colleges. Faculty/ Staff (Teaching and Non-teaching) and their wards.
7.	02 Kabaddi Courts	2004	10m x 13 m	For the students/scholar/ hostellers of University Campus and their affiliated colleges. Faculty/ Staff (Teaching and Non-teaching) and their wards.
8.	02 Kho-Kho Court	2004	27 x 16 metres	For the students/scholar/ hostellers of University Campus and their affiliated colleges. Faculty/ Staff (Teaching and Non-teaching) and their wards.
9.	02 Handball Courts	2004	40m x 20m.	For the students/scholar/ hostellers of University Campus and their affiliated colleges. Faculty/ Staff (Teaching and Non-teaching) and their wards.
10.	03 Basketball Courts (One with flood lights)	2004	28m x 15m	For the students/scholar/ hostellers of University Campus and their affiliated colleges. Faculty/ Staff (Teaching and Non-teaching) and their wards.

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16/07/2022

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Sl. No.	Facilities for Indoor Activities	Year of Establishment	Measurement	Accessibility
1.	Judo Hall	2004	14X14 METER	For the students/scholar/ hostellers of University Campus and their affiliated colleges. Faculty/ Staff (Teaching and Non-teaching) and their wards.
2.	Badminton Courts	2004	20 feet x 44 feet	For the students/scholar/ hostellers of University Campus and their affiliated colleges. Faculty/ Staff (Teaching and Non-teaching) and their wards.
3.	Fitness Centre	2004	25x 25 meter	For the students/scholar/ hostellers of University Campus and their affiliated colleges. Faculty/ Staff (Teaching and Non-teaching) and their wards.
4.	Table Tennis	2004	15x 15 meter	For the students/scholar/ hostellers of University Campus and their affiliated colleges. Faculty/ Staff (Teaching and Non-teaching) and their wards.
5.	Gymnastic	2004	35 x 35 meter	For the students/scholar/ hostellers of University Campus and their affiliated colleges. Faculty/ Staff (Teaching and Non-teaching) and their wards.

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Sl. No.	Facilities for Cultural Activities	Year of Establishment	Measurement	Capacity	Accessibility
1.	Multi-Purpose Hall	30.11.2003	1055.08 SQM	1000 persons	For All CSJM University's students/employee & For affiliated collages
2.	Auditorium	21.12.2006	4244.14 SQM	1500 persons	For All CSJM University's Programmes & For affiliated collages. Auditorium is Available for outsiders on Rent basis.
3.	L1 (Lecture Complex Hall)	07/2004	3103.00 SQM	400 Students	For All CSJM University's students & For affiliated collages
4.	Open Theatre	07/2004	Semi Circle Area of radius 46.4 rmt.	148 students	For All CSJM University's students
5.	Senate Hall	1982-1983	1178.26 SQM	172 Persons	For All CSJM University's programmes
6.	Art Gallery	29.02.2008	3305.00 SQM	---	Available for all
7.	Recording Studio	21-22	60 SQM	---	Available for University Journalism & mass Communication Students & for outsiders as well
8.	CSJM Musical Band	2022	---	8 participants minimum	Available for campus /outsiders

अखिली युवा क्लब
विकासीय अधिकारी (रत)

प्रभारी
सम्पत्ति विभाग

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Yoga Centre

Yoga centre was started in 2019 at school of health sciences CSJMU. The area of yoga centre is approx 2000 sqft. It is fully air-conditioned, well furnished single hall where B.Sc yoga and BPT students practices yoga under the guidance of yoga teacher and it is accessible to all students and faculty members of university.



27-3-23

Ashish Kumar Dubey
16/07/2022
Dr. (Ashish Kumar Dubey)
HOD.
Department of Physical Education And Sports
Department of Physical Education
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University Gymnasium Centre

The University has a well-equipped "Gymnasium" in the Campus with more than thirty-five exercise machines and a mini Multi-Gym for the students who aspire for physical well-being. Separate time slots have been assigned to male students, female students, teachers and staff for maximizing the utility of the gymnasia. Stimulating activity in the gymnasia teaches valuable physical skills, sets a pattern of lifelong fitness and helps students socially from their experiences. The Gymnasium Centre has following facilities-

- Functional Training for elderly any special population
- Mobility and Stability Training
- Gait Training Laboratory
- Treatment for Postural Imbalances
- Body Mechanics Training
- Strengthening and Conditioning Training to elite players of different sports and games
- Development of Muscular Endurance and Strength
- Rehabilitation
- Flexibility Training


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