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## Occupational Stress and Well Being among Contract and Regular Staffs in University Perspective

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## Abstract

Adolescence is clearly a distinct and change-related time in the context of life satisfaction, due to the multitude of biological, psychological, social, and cognitive changes occurring during this phase [2,3], and global self-esteem may act as an indicator of how adolescents face and manage these challenges, which further may effect on adolescents' life satisfaction. Much of the research conducted to date on subjective well-being in general and life satisfaction in particular has been carried out primarily on adult populations, although